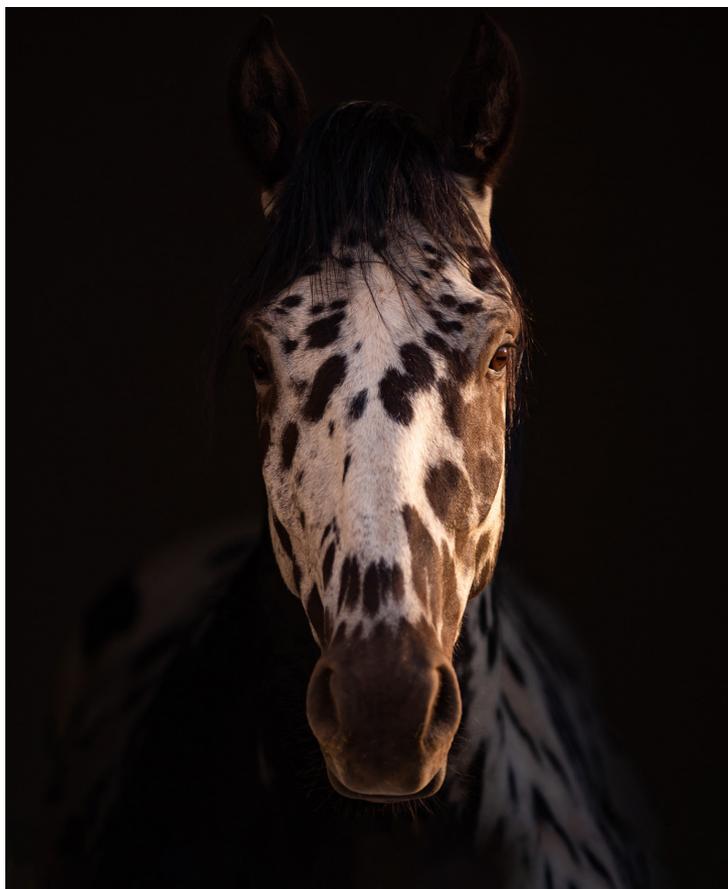


Joseph's Dream Stud & Training Centre

Guest Rules and Guidelines



Communal Spaces

During the day you are free to roam where you like here at Joseph's Dream but please make sure you close paddock gates and stable doors that you found closed behind you again and that you treat the animals in their domain and at all times with respect.

The restaurant is the social hub where you can play music and be noisy together but please do not overdo it and respect the rest period for everybody from 9pm at night.

Please respect private houses and gardens. Annika and Leon's private house is located behind the tack room (on the other side of the pond)/adjacent to the main stables building. Please do not go in this area.

Never chase any animals around, or disturb them in their routine and spaces. This applies not only to horses but alpacas, chickens, geese, donkeys, and cows, etc.

Please remain alert while walking around all areas of the farm, as local wildlife may be present on the pathways at any time.

Please use a flashlight or headlamp when walking to/from your accommodation at dusk or dawn to ensure visibility.

You must **NOT** feed any of the animals or wildlife unless you have been instructed to do so by management.

Strictly **NO** fires are allowed anywhere except at the designated fire spot at the restaurant. Please make sure the last person leaving is **always killing off any fire completely.**

Please do not attempt to leave the farm without notifying a member of management.



Stables



Please note you must **NOT** interact with any horses before signing the indemnity form.

Daytime 7am-5pm

- Guests are only allowed in the stables area between 8am-5pm, but **NOT** between 1pm-2pm (lunchtime).
- If there is a closed gate and it has a 'Private' sign on it then please do **NOT** go through this gate. If the gate is already open, you may go through the gate.
- You must **NOT** go into stallion paddocks. You may interact with the stallions **OVER** the fence line.
- For all the other paddocks, you are welcome to go into the paddocks and interact with the horses (groom them, cuddle them, observe them, etc.). Most of the horses love the attention/affection. You must obviously just be careful if the horses are particularly playful not to get knocked over or headbutted etc.
- When we have new foals with their mothers, you are allowed to go into the paddock with them but please let them approach you first. When they are newborn the mothers are **VERY** protective, and the foals are not yet confident enough to approach you. Once they are a bit older they usually become very confident and will approach you because they enjoy the affection and attention.



- For safety reasons you however must **NOT** go into the paddocks at feeding time. The horses can exercise hierarchical behaviour at feeding time.
- Except for the stallions, no other horses will be alone in a paddock, they will always have at least one friend with them.
- Most of the paddocks open with metal interlocking chains. Two of the metal links will have a small opening and you just need to twist the links so that they rejoin. Some paddocks have a metal bar that closes over both gate doors. Some of the paddocks also have a human entrance/exit too where you don't need to open the main horse gate to get into the paddock.
- Most of the horses go out into the 'big field' during the day and are brought back to their paddocks/stables at night to eat and sleep. The only horses that don't go out to the 'big field' are horses that will be used in a lesson that day, stallions, pregnant horses in the later stages of their pregnancy, horses that are going under vet treatment, and a few horses who aren't friendly with the herd. You must **NOT** go into the 'big field' without permission from a trainer. During your stay you may be able to join a field walk where you go into the 'big field' with a trainer and follow and observe the herd, take pictures, etc.
- When you are taking a horse to the big field, the horses must always go out at least 2 at a time. You must **NOT** put 1 horse into the big field alone without the rest of the herd.

Stables



- We encourage that horses are let out into the big field after their training session provided that they do not have another session that day (or a medical treatment/hooves trim), and they fall into the category of being with the herd. If your lesson finishes after 3pm then you do not need to let them out because by that time the horses will be coming in from the big field for their feeding/bedtime. If in doubt, please check with your trainer before you let them out.
- We have our own vet room so we can do most of our veterinary treatments on site. Including an operating table. Please let us know if you would be interested in having a look or being present for any vet visits (this may be possible but may also happen privately depending on the situation).
- There are toilets located next to the mini pond camp.
- The tack room is a quiet resting and drinks place between training and not a weekend or evening party place.

Rest time 5pm-7am

- At 5pm the tack room, feed room, the main stables buildings, and main stables courtyards, and the alpaca stables are closed for entry.
- When the grooms lock up the stables, feed room and courtyards after 5pm please keep out of these spaces for the animals' safety and peace.
- You are welcome to stroll amongst the paddocks, the village and up to the church for a fantastic sundowner view. Please ensure to be back at the village before dark. Strictly **NO** roaming amongst the paddocks after dark.
- The closed areas reopen at 7am (summer) / 8am (winter) in the mornings.



Stables



Other Key Stables Safety Rules

- You must wear closed shoes when at the stables. No flip flops or sandals!
- You must **NOT** feed the animals except when instructed, i.e., during feeding time or training sessions with rewards. Please do not feed the horses treats like carrots etc. outside your training sessions as injuries happen quickly in a food jealous group and foals can choke on the pieces.
- Horse handling - when you get your horse(s) from the paddocks for their lessons you must **NOT** let the horses interact with horses in different paddocks whilst they are walking past. You must walk with your horse with purpose, and walk alongside the horse's shoulder (do not walk directly in front of the horse). We encourage you to practice your liberty position when walking the horses.
- We have alpacas. They live outside during the day but sleep in their alpaca house at night to keep them safe from any predators.

During your training sessions

- Please listen to the instructions from and respect your trainer at all times.
- When mounting a horse you **MUST** wear a helmet.
- When working with a stallion on the ground you **MUST** wear a helmet.



Accommodation

- Please respect your interior and your housekeeping staff by not unnecessarily making anything dirty, for example, the linen, couches, pillows, towels, and blankets. Specifically, please do not take any pillows, towels, or bedding from inside the house outside onto the patio/pool decking.
- Please note that we are a desert country with limited water, so please only throw your towels into the laundry when necessary.
- Your laundry will be washed for you on Mondays, Wednesdays, and Fridays.
- Your rooms will be cleaned for you Mondays-Saturdays.
- Please remember that Sandwerf/Joseph's Dream is a retreat and therefore please keep to the rules of nature and avoid noisy behaviour and loud music at your units. Remember you are here to connect to nature and learn to listen to the magic of silence.
- Please do not waste power and switch fans and lights off when leaving your unit.
- If you are having a fire please make sure to **never leave a fire unattended and always kill it off completely** (by soaking it with water) before going to bed.



We urge you to please respect our safety, behaviour, and privacy rules here at Joseph's Dream to ensure your own and the animal's safety, and to respect the animal's and resident's peace.



Food & drinks

All meals take place at the main restaurant area.

Meal times are:

- Breakfast 8am-10am
- Lunch 1pm
- Dinner 6.30pm (winter) / 7pm (summer)

Breakfast is a continental buffet, with a hot option available to order (e.g., eggs or porridge). Lunch is typically two courses, and dinner is three courses.

We have a small selection of sweet and savoury snacks that are available for purchase. Please let the Lodge Manager or the restaurant staff know if you would like to purchase something and they will arrange it for you

There is a drinks station in the tack room at the stables. The tea and coffee is free (and there is free milk in the fridge) but if you would like a cold drink from the fridge please fill in a drinks sheet with your name on it and tally what you have had and it will be added to your drinks bill at the main restaurant and payable on departure.



Free time at the farm

Below is some Inspiration for free time activities:

- Read a book in a mini paddock.
- Ask management for a camp-chair to choose your own quiet spot at Sandwerf to sit in harmony with your favourite animals (alpacas, minis or JD foals) to get inspired for a short story, painting, writing, or just to relax in their presence. Please make sure to return all chairs to management.
- Get up early and hike up the mountain opposite the road to find a fantastic view over the area. Please let us know if you need some guidance on the hiking routes - we have a few options that vary in length.
- Take a swim in our old farm dam swimming pool surrounded by nature behind the stallion run-in shelters.
- Get creative in the kitchen and assist with creating a meal with fresh ingredients from our garden and learn from our talented chef.
- Ask management if you can have a demonstration of our alpaca/sheep wool weaving/rug making.
- Dordabis town/childrens hostel and school visit - you must **NOT** attempt to visit Dordabis on your own. Please let us know if you want to visit and we will arrange someone to escort you.

Thank you for your cooperation and we hope you have a fantastic stay here at Joseph's Dream!

