

JOSEPH'S DREAM JOURNEY

Unique Horsemanship & Horse-riding Safari Retreat & Namibia Conservation Wildlife Tour

*Price:
4900 Euro pp*



13 Days Detailed Schedule

Maximum Number Participants per Date: 6

Day 1 - Arrival Day at Joseph's Dream Stud at Sandwerf Retreat Farm Namibia

Settle into your luxury chalet, soak up the tranquility of Sandwerf Retreat and enjoy a delicious 3 courses Dinner at the Sandwerf Restaurant while getting to know each other and your hosts. Learn about the history and vision of Sandwerf and Joseph's Dream. A fascinating story of respect, passion, community and conservation.

- 2 course Lunch at Sandwerf Restaurant
- Introduction
- Exclusive JD Stable Tour
- 3 courses Dinner at Sandwerf Restaurant
- Accommodation: Sandwerf Luxury Chalet (single room occupation & private bathroom)

Day 2 - Training Day Course Connection

Learn about the deeper connection to the Equine soul that is beyond training methods or the spoken languages.

- Breakfast
- Course 1: Introduction to Equine Bodywork, Meditation, Aroma & Guasha Therapy
- Lunch-break / 2 courses light Lunch at Sandwerf Restaurant
- Hands on sessions in smaller groups
- 3 courses Dinner at Sandwerf Restaurant
- Accommodation: Sandwerf Luxury Chalet (single room occupation & private bathroom)



Day 3 - Training Day Course Communication

Learn how to read and communicate with your Equine Partner, the magic of staying connecting without ropes and reigns. Sharpen your sensitivity and learn how to trust your ancient communication skills and to communicate from your intention and feel.

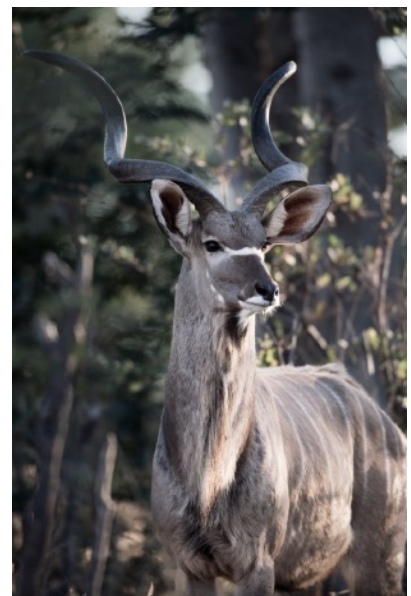
- Breakfast
- Course 2: Introduction JD Horsemanship: Training Energies, Working from Feel & Intention, Liberty Training
- Lunch-break / 2 courses light Lunch at Sandwerf Restaurant
- Liberty Training - one on one sessions (participants watch each other)

- 3 courses Dinner at Sandwerf Restaurant
- Accommodation: Sandwerf Luxury Chalet (single room occupation & private bathroom)

Day 4 - Connecting in the Saddle

Transfer your connection and feel from the ground into the saddle; find a fine communication between your bodies and souls to prepare for your journey through nature together in harmony.

- Breakfast
- Course 3: Riding from the seat and from feel, become real riding partners with your horse, listen to each other, preparing for your journey together in the African Bush / Practical Group 1
- Lunch-break / 2 courses light Lunch at Sandwerf Restaurant
- Practical sessions Group 2
- 3 courses Dinner at Sandwerf Restaurant
- Accommodation: Sandwerf Luxury Chalet (single Room occupation & private bathroom)



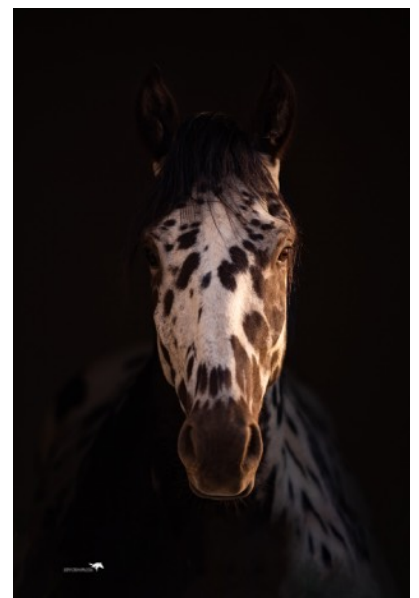
Day 5 - Riding Safari

A wild journey begins and an inner journey continues.

- Breakfast
- We are heading into the bush to cover our first distance of 10 km via our mountain trail with magnificent views
- Lunch-break picnic with a view
- Back into the saddle for another 5-8 km ride to our overnight camp in the plains
- Gentle connection work with the horses in the bush
- Dinner at Bon-fire, Stargazing & Storytelling
- Accommodation: Exclusive Bush-camp together with the horses; single or shared (if preferred) raised tents; mattresses & duvets (luxury & charming shared open stars bush bathroom facilities)

Day 6 - Bush-camp, Bush-walk & Riding Safari

- Breakfast (Early Bush-walk & Tracking on option)
- We are taking it easy in the mornings before leaving to our scenic day loop ride (total approx 15 km) looking for giraffes, zebras, antelopes and co in the breath-taking savannah
- Lunch-break picnic at waterhole
- Back into the saddle for a scenic ride to our overnight camp
- Gentle Connection work with the horses
- Dinner & Stargazing while listening to the sounds and wild animals of the African night
- Accommodation: Exclusive Bush-camp together with the horses, single or shared (if preferred) raised tents with mattresses & duvets (luxury & charming shared open stars bush bathroom facilities) Option for moonlight connection work with your horse.



Day 7 - Riding Safari

- Breakfast
- Early start to head home via the plain's route - a true feel of freedom and space you only get in Namibia with some great sandy terrain for gentle canter and to inhale the magnificent freedom!
- Light early brunch picnic

- The last mountain stretch before we are home at Sandwerf for a traditional melk-tart and afternoon coffee or tea
- Time to relax with a signature Sandwerf Spa treatment or explore some of Sandwerf's activities like weaving, cooking lessons, hiking or private mountain sundowners
- 3 Courses Dinner at Sandwerf Restaurant
- Accommodation: Sandwerf Luxury Chalet (single Room occupation & private bathroom)

Optional activities: Additional activities at Sandwerf are not included in the package price.



Day 8 - Start of Namibia Conservation Wildlife Tour

Farewell to Sandwerf and Joseph's Dream after breakfast. Your guide will fetch you at Sandwerf and we are heading North to our first stop-over, Mount Etjo Safari Lodge on our way to the ultimate wildlife kingdom of Namibia. Mount Etjo Safari Lodge is located in the heart of the Okonjati Game Reserve. One of the first private Game Reserves established in Namibia and founded by world-renowned conservationist Jan Oelofse. Home to over 8000 animals and a impressive variety of bird species the Okonjati Wildlife Sanctuary is a true Conservation Area, this historic lodge deservedly carries the name 'Etjo', meaning place of refuge. Included in our tour is the lion feeding in the afternoon.

- Lodge Accommodation: 1 night at Mount Etjo Safari Lodge
- Distance: 290 km on mostly tar and some gravel road
- Driving Time: 3 hours
- Meals included: Breakfast, Lunch & Dinner
- Activities included: Lion Feeding& Morning Game Drive



Day 9 - Mushara Etosha Lodge

After our morning game drive in the Okonjati Game Reserve we travel further North to our next destination Mushara Lodge, at the doorstep of the famous Etosha Nationalpark; Namibia's unique wildlife kingdom. The park covers an area of 22,270 km² and is home to dozens of mammal and reptile species, several amphibian species, more than 300 bird species and even one species of fish. The 4,731 km² salt pan, the largest of its kind in Africa, is the centre piece of the park. The pan's shimmering white crust of salt crystals extends as far as the eye can see. We are awaited by an afternoon game drive in the park.

Lodge Accommodation: 1 night at Mushara Lodge

- Distance: 377 km on mostly tar and some gravel road
- Driving Time: 4 hours
- Meals included: Breakfast & Dinner

Activities included: Afternoon & Morning Game Drive



Day 10 - Etosha National Park

On arrival in Etosha, we are welcomed by wild animals and white sand of the plains, today we are travelling all the way from the east to the centre of the park stopping at the most famous and busy waterholes admiring a variety of magnificent game: antelopes, giraffes, zebras as well as

herds of elephants roaming through the bush. Etosha one of the places with the best lion viewing possibilities and if we are lucky we can also encounter leopard, cheetah, hyena and rhino. Not to mention the abundance of bird life and smaller mammals in this 'great white place'. Look out for 'Ghost Elephants' covered in the white chalk dust of the big pan...

In the evening, we are enjoying a dinner buffet served at the lodge inside the park, surrounded by the thrilling atmosphere of the wild. At the waterhole, thirsty animals gather for the drink of water, while you are invited to watch the ever-changing, theater of nature into the night.

- Lodge Accommodation: 1 at Etosha Safari Lodge
- Distance: 180 km (gravel routes) with plenty of stops in the park at the waterholes.
- Meals included: Breakfast & Dinner
- Activities included: Full day Etosha Drive



Day 11 - Etosha National Park & Okonjima

Another morning full of adventures in Etosha National Park while we are exploring the lesser travelled routes to the North-West of the Park. Leaving the Park with magnificent wildlife memories we are then heading South to the home of Namibia's AfriCat Foundation: Okonjima Lodge and Private Nature Reserve. At Okonjima we are arriving for the endangered species drive in the afternoon. As the private Nature Reserve was established primarily to conserve some of Namibia's more threatened mammal species, it provides an increased chance to encounter these relatively rare animals. This is once again assisted by the AfriCat Foundation's research projects on the shy brown hyaena, bat-eared fox and rhino. But Okonjima is also home to vast variety of antelopes, zebras, giraffes and a diverse variety of smaller mammals.

- Lodge Accommodation: 2 nights at the Okonjima Plains Camp
- Distance: 255 km on mostly tar and some gravel road
- Driving Time: 2.5-3 hours
- Meals included: Breakfast & Dinner
- Activities included: Endangered Species Drive, Leopard Tracking, Game Drive



Day 12 - AfriCat Foundation

Start your day with a morning game drive and encounter wildlife in the beautiful early morning light. Afterwards learn all about the efforts of conservation of big carnivores in Namibia at a visit of the *AfriCat Foundation Carnivore Care & Information Centre*. The AfriCat Foundation is a non-profit organisation set up to assist in the conservation of endangered species such as the leopard, brown hyaena and the pangolin. Visitors will be able to actively observe part of this program and learn more about these amazing and beautiful animals. You also have the rare opportunity to track Rhino or Pangolin on foot here at Okonjima (season and weather permitted). Okonjima offers free self-guided walking trails for those of you who want to spend some time alone in the solitude of the Okonjima 2000ha wilderness area. In the afternoon it's time for Leopard & Cheetah Tracking, one of Okonjima's most famous activities. The beauty of this nature reserve is that it is maintained and handled with so much true care and the natural wildlife is abounded. It's an intimate instead of commercial experience with attention to detail and the wildlife stays incredible relaxed in the presence of humans. The Okonjima experience is much like diving into the untouched African savannah how it must have been hundreds of years ago before people started interfering. A true sanctuary. A real nature experience.

Optional activities: Please note that the pangolins or rhino tracking on foot are optional extra activities and are charged extra directly at Okonjima





Day 13 - Return to Sandwerf / Departure Day

After breakfast we hit the road to make our way home to Sandwerf. Expect a warm welcome at your home in Namibia and a delicious two courses lunch at our restaurant. Make use of our complimentary shuttle service to Windhoek Hosea Kutako International Airport in the early afternoon to catch your flight home or book into your favourite Sandwerf Chalet for an additional night to unwind, let the adventure sink in and enjoy a spa treatment or Sandwerf activity. Treat yourself with a last evening in the tranquility of Sandwerf Retreat and spend it around the bon fire. A great opportunity to let all these amazing memories created together over the past days sink in deeper while sharing stories with your fellow travellers for a last night in magical Namibia.

- Distance: 320 km on mostly tar and some gravel road
- Driving Time: 3.5 hours
- Meals included: Breakfast & Lunch

Optional activities: Additional night or activities at Sandwerf are not included in the package price.



Summary

Costs:

Total Costs included per participant for this 12 nights Package: € 4900 pp sharing (accommodation at Sanderf: private room; accommodation during conservation wildlife tour twin room sharing, 550 Euro extra total for a private room during the tour.)

Included at Sandwerf during JD Workshop: Accommodation in our Sandwerf spacious chalets (single occupation chalets or double occupation chalets, all rooms are single occupancy and have private bathrooms); plus 2 nights single tent occupation in JD luxury Bushcamp.

All meals prepared by our talented chef on side (breakfast, 2 courses lunch, 3 courses dinner, water (fresh farm water from the tap), all workshop and training sessions stated below. Airport Shuttle included.

JD Program included:

- Equine Connection Day Course (Bodywork, Meditation, Aroma & Guasha Therapy)
- Equine Communication Day Course (Training Energies, Working from Feel & Intention, Liberty Training)
- Equine Connection in the saddle Day Course
- 3 Days guided riding Safari with luxury Buschcamp accommodation

Not included:

- Drinks / Flights / Visa / Insurance / additional activities

Please note that all our programs are written as a guideline. We are dealing with human beings and also with animals in our program and we might adjust the concept where needed to accommodate the individual rhythms and needs of each group and its unique participants.

Included in the wildlife conservation Tour:

Transport, fuel, 5 nights accommodation and reservations, meals as per itinerary + bottled water in the car, national park entrance fee, lion feeding and game drive at Mount Etjo Safari Lodge, Endangered Species Drive, Game Drive, Leopard Tracking & conservation Centre fee at Okonjima, experienced tour guide for the entire tour.

Please note that some accommodations mentioned in this itinerary can be subject to small changes according to seasonal availability.

Not included in the tour:

Scheduled, international flights ,to/from' Namibia, individually extended accommodation, additional transfers (airport transfers beyond tour dates), individual travel and medical insurance, drinks and alcoholic beverages, optional activities, gratuities and tips, trip extensions, visa to Namibia (if required).

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