

JOIN US FOR YOUR

JD Journey



13 - 27 JULY 2024

JOSEPHSDREAMSTUD.COM/JOURNEY

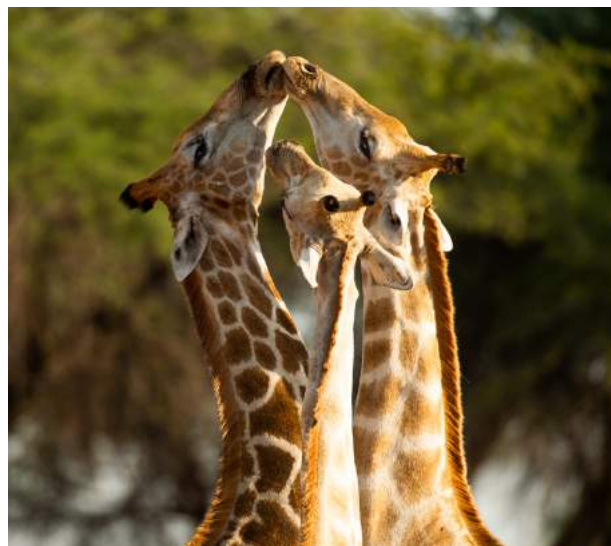
JOSEPH'S DREAM JOURNEY

*Unique Horsemanship & Horse-riding Safari Retreat & Namibia Tour.
Including full day special JD Equine Photography opportunities.*

Dates:

13 - 27 July 2024

*Price: (all inclusive)
4350 Euro*



15 Days Detailed Schedule

Day 1 (Saturday) - Arrival Day at Joseph's Dream Stud at Sandwerf Retreat Farm Namibia - Getting to know each other and your hosts.

- 2 course Lunch at Sandwerf Restaurant
- Introduction
- Exclusive JD Stable Tour
- 3 courses Dinner at Sandwerf Restaurant
- Accommodation: Sandwerf Luxury Chalet (single room occupation & private bathroom)

Day 2 (Sunday) - Training Day Course Connection

- Breakfast
- Course 1: Introduction to Equine Bodywork, Meditation, Aroma & Guasha Therapy
- Lunch-break / 2 courses light Lunch at Sandwerf Restaurant
- Hands on sessions in smaller groups
- 3 courses Dinner at Sandwerf Restaurant
- Accommodation: Sandwerf Luxury Chalet (single room occupation & private bathroom)



Day 3 (Monday) - Training Day Course Communication

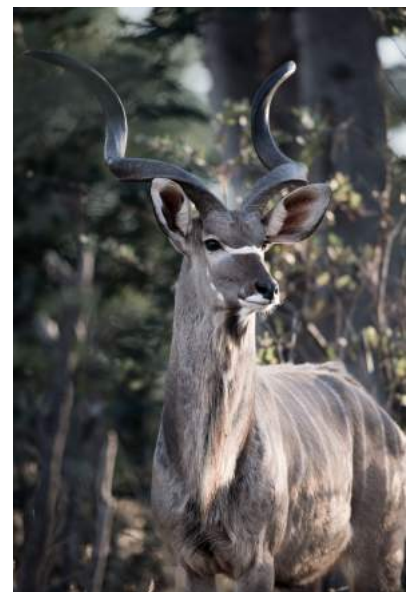
- Breakfast
- Course 2: Introduction JD Horsemanship: Training Energies, Working from Feel & Intention, Liberty Training
- Lunch-break / 2 courses light Lunch at Sandwerf Restaurant
- Liberty Training - one on one sessions (participants watch each other)
- 3 courses Dinner at Sandwerf Restaurant
- Accommodation: Sandwerf Luxury Chalet (single room occupation & private bathroom)

Day 4 (Tuesday) - Connecting in the Saddle

- Breakfast
- Course 3: Riding from the seat and from feel, become real riding partners with your horse, listen to each other, preparing for your journey together in the African Bush / Practical Group 1
- Lunch-break / 2 courses light Lunch at Sandwerf Restaurant
- Practical sessions Group 2
- 3 courses Dinner at Sandwerf Restaurant
- Accommodation: Sandwerf Luxury Chalet (single Room occupation & private bathroom)

Day 5 (Wednesday) Riding Safari

- Breakfast
- We are heading into the bush to cover our first distance of 10 km via our mountain trail with magnificent views
- Lunch-break picnic with a view
- Back into the saddle for another 5-8 km ride to our overnight camp in the plains
- Gentle connection work with the horses in the bush
- Dinner at Bon-fire, Stargazing & Storytelling
- Accommodation: Exclusive Bush-camp together with the horses; single or shared (if preferred) raised tents; mattresses & duvets (luxury & charming shared open stars bush bathroom facilities)



Day 6 (Thursday) Bush-camp, Bush-walk & Riding Safari

- Breakfast (Early Bush-walk & Tracking on option)
- We are taking it easy in the mornings before leaving to our scenic day loop ride (total approx 15 km) looking for giraffes, zebras, antelopes and co in the breath-taking savannah
- Lunch-break picnic at waterhole
- Back into the saddle for a scenic ride to our overnight camp
- Gentle Connection work with the horses
- Dinner & Stargazing while listening to the sounds and wild animals of the African night
- Accommodation: Exclusive Bush-camp together with the horses, single or shared (if preferred) raised tents with mattresses & duvets (luxury & charming shared open stars bush bathroom facilities) Option for moonlight connection work with your horse.

Day 7 (Friday) Riding Safari

- Breakfast
- Early start to head home via the plain's route - a true feel of freedom and space you only get in Namibia with some great sandy terrain to go faster and inhale the magnificent freedom!
- Light early brunch picnic
- The last mountain stretch before we are home at Sandwerf for a traditional melk-tart and afternoon coffee or tea
- Time to relax with a signature Sandwerf Spa treatment or explore some of Sandwerf's activities like weaving, cooking lessons, hiking or private mountain sundowners
- 3 Courses Dinner at Sandwerf Restaurant
- Accommodation: Sandwerf Luxury Chalet (single Room occupation & private bathroom)



Day 8 (Saturday) Equine Photography

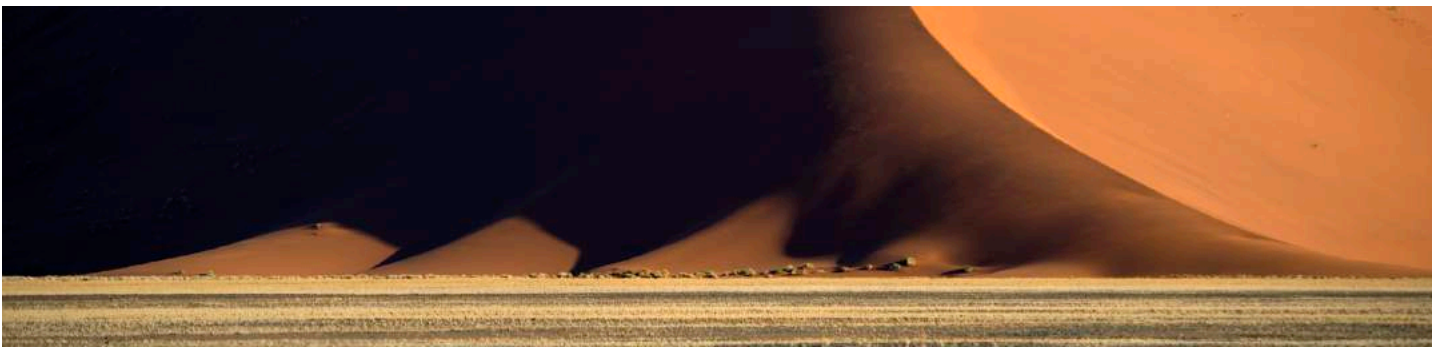
- Early Morning Photoshoot Opportunity with JD Horses
- Breakfast

- Basics of Equine Photography with different approaches and JD Horse Models, how to put your horse into the best light & perspective
- 2 course Lunch at Sandwerf Restaurant
- The art of visual storytelling - from capturing the moment to creating the social media story
- Late light Photoshoot with JD Horses
- Special Bond-fire Dinner under the stars at the JD Stable Complex & Feedback round around the fire.

Day 9 (Sunday) - Start of your Namibia Tour (Operated by Wild Wind Safaris) - Sossusvlei & Namib Desert

Farewell from JD and Sandwerf; the Safari Vehicle will fetch you after breakfast. On route south to Sossusvlei via scenic Spreetshoogte Pass - one of the most spectacular places of Namibia. Stop-over at Solitaire, oasis in the Namib Desert.

- Lodge Accommodation: 2 nights near Sossusvlei (single room occupation & private bathroom)
- Distance: 350 km on gravel road.
- Duration: 5 hours with stop-overs and lunch break.
- Meals: Lunch & Dinner.



Day 10 (Monday) - Sossusvlei, Deadvlei, Dune 45

Early morning before sunrise, 70 km scenic drive through Sesriem Gate to Sossusvlei - place of the highest dunes of the World, which was recently inscribed on the UNESCO World Heritage list as the 'Sand Sea'. Option of climbing picturesque Dune 45 to experience beauty and vastness of fascinating orange-coloured landscape. After the climb, 5 km off-road 4x4 trail to visit surreal Dead Vlei, a place of vast clay pan and dried-up, ancient acacias standing silent in an impressive landscape. Break for lunch. In the afternoon visit at Sesriem Canyon and sunset at Elim Dune. Evening: dinner, time for rest, relaxation and star-gazing.

Optional activities: Helicopter flight over the dunes.
 Distance: around 200 km on tar, gravel and sand roads
 Meals: Breakfast pack, Lunch & Dinner.

Day 11 (Tuesday) - Atlantic Coast

Adventure starts after breakfast, as we travel through the Namib-Naukluft Park to Swakopmund, passing by canyons and fascinating rock formations. Magnificent landscape of the Namib reaches as far as eye can see. Wildlife and grazing antelopes: oryx and springbuck, mountain zebras, giraffes and the world's biggest birds that don't fly - ostriches. On route, celebrating crossing of the Tropic of Capricorn (famous geographical line) - time for pictures! On arrival in Walvis Bay visit to lagoon for close encounter with flamingos.

- Lodge Accommodation: 2 nights (single room occupation & private bathroom)
- Distance: 300 km (gravel road).
- Duration: 5 hours with stop-overs.
- Meals: Breakfast, Lunch & Dinner.



Day 12 (Wednesday) - Swakopmund & Welwitschia Mirabilis

Coastal adventure invites you to the 'lunar landscape' for a discovery of the botanic attraction, Welwitschia Mirabilis, called a 'living fossil', one of the oldest and most original, living plants on Earth, remembering the times of Christ.

Optional attractions:

- Early morning dolphin cruise to the flamingos and fur seal colonies & Sandwich Harbor excursion, where dunes meet ocean.
- Swakopmund city tour and visit to the Crystal Gallery and local craft market.
- Quad Bike ride into the dunes of the Namib.

- 150 km on gravel and tar roads.
- Meals: Breakfast, Lunch & Dinner.
- Distance.

Day 13 (Thursday) - Etosha National Park

We bid 'farewell' to coastal town of Swakopmund, on our way to Etosha National Park - treasure of Namibia, considered to be one of the most loved parks of Africa!



On arrival in Etosha, we are welcomed by wild animals and white sand of the plains, while searching for the king of the savannah - lion, during the afternoon's game drive we are admiring variety of magnificent game: antelopes, giraffes, zebras as well as herds of African elephants roaming through the bush.

In the evening, relaxing dinner served in the thrilling atmosphere of the wild. At the waterhole, thirsty animals gather for the drink of water, while you are invited to watch the ever-changing 'theater of nature' till late!

- Lodge Accommodation: 2 nights at Etosha National-park (single room occupation & private bathroom)
- Distance: 450 km (gravel routes).
- Duration: 5 hrs.
- Meals: Breakfast, Lunch & Dinner

Day 14 (Friday) - Etosha Wildlife Kingdom

Today full day unlimited game drive in Etosha National Park, from sunrise till sunset with a brake for lunch.

- Distance: around 200km on gravel roads of Etosha (gravel routes).
- Duration: full day unlimited Game drive in Etosha, sunrise till sunset.



- Meals: Breakfast, Lunch & Dinner.

Day 15 (Saturday) - Windhoek

In the morning visiting few waterholes and leaving Etosha before lunch. Arrival in Windhoek in the afternoon.

Our guide will drop you off either at your Windhoek Hotel after lunch or at the Windhoek Hosea Kutako International Airport at approx 16:00

- Distance: around 450 km (tarred roads).
- Duration: 6 hrs.
- Meals: Breakfast & Lunch.

Costs:

Total Costs included per participant for this 15 Days Package: € 4350.

Included: Accommodation in our Sandwerf spacious chalets (single occupation chalets or double occupation chalets, all rooms are single occupancy and have private bathrooms)

All meals prepared by our talented chef on side (breakfast, 2 courses lunch, 3 courses dinner, water (fresh farm water from the tap), all workshop and training sessions stated above.

1 week Safari with Wild Wind Safaris, single room occupancy at mid range lodge, private guide for the entire tour, breakfast, lunch & dinner, mineral water in the car, pick up at Sandwerf and drop off at Windhoek International Airport.

JD Program included:

- Equine Connection Day Course (Bodywork, Meditation, Aroma & Guasha Therapy)
- Equine Communication Day Course (Training Energies, Working from Feel & Intention, Liberty Training)
- Equine Connection in the saddle Day Course
- 3 Days guided riding Safari with Buschcamp accommodation
- 1 Day Course Introduction Equine Photography with JD Horses

Not included:

- Drinks / Flights / Visa / Airport Shuttle / Insurance / additional activities

Namibia Tour Main Attractions:

- Scenic Spreetshoogte Pass
- Namib Sand Sea' (UNESCO World Heritage region)
- Scenic Dune 45
- Photogenic Sossusvlei
- Surreal Dead Vlei and ancient acacias
- Dunes ,Big Daddy' and ,Big Mama'
- Historical Swakopmund
- Walvis Bay lagoons and salt pans
- Near-shore dunes of the Namib Naukluft Park and Atlantic Coast

- Moon Valley and Welwitchia mirabilis, botanic desert attraction
- Nature Sanctuary and Wildlife Kingdom - Etosha National Park

Included in the Namibia Tour:

Transport, fuel, 6 nights accommodation and reservations, meals as per itinerary + mineral water in the car, national park entrance fee, full-day unlimited game drives in Etosha National Park (sunrise till sunset) in the provided tour vehicle, experienced tour guide for the entire tour, airport transfers within the tour dates.

Not included in the tour:

Scheduled, international flights ,to/from' Namibia, individually extended accommodation, additional transfers (airport transfers beyond tour dates, which we may arrange at euro 20 pp), individual travel and medical insurance, drinks and alcoholic beverages, optional activities, gratuities and tips, trip extensions, visa to Namibia (if required).

Please note the Namibia Safari Tour is not operated by Sandwerf directly but with Wild Wind Safaris. When you leave Sandwerf after your 2 weeks retreat Wild Wind Safaris is your host. The Tour details were provided by Wild Wind Safaris and can be subject to small changes from Wild Wind Safaris.

Please note that all our programs are written as a guideline. We are dealing with human beings and also with animals in our program and we might adjust the concept where needed to accommodate the individual rhythms and needs of each group and its unique participants.



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